What's on the menu?

MONDA'

WEDNESDAY

THURSDA

FRIDA

Caribbean Style Vegetable Curry with Rice (Wholegrain / White Mix) Beef Bolognese S

served with Penne Pasta (Wholewheat / White Mix) or Rice (Wholegrain / White Mix)

Carrots / Sweetcom & Peppers

Ice Cream

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with Watermelon Wedges

Roast Ratatouille Style Vegetables served with Rice (Wholegrain / White Mix)

Chicken Sausage Roll

served with Mashed Potatoes

Savoy Cabbage / Baked Beans

Chocolate Orange Traybake with Chocolate Orange Sauce Italian Style Tomato & Herb Pasta (Wholewheat / White Mix)

served with Cheese

& a Chef's Salad

Vegetable & Bean Pattie with Spiced Potato Wedges & Tomato Salsa

Broccoli / Butternut Squash

with Fresh Fruit Wedges

Jacket Potato with Cheese

Baked Beans or Vegetable Chilli

Chicken Korma with Pilau Rice (Wholegrain / White Mix)

Carrots / Green Beans

Berry Swirl Sponge with Custard

Mexican Style Vegetable & Bean Burrito

served with Tomato Sauce & Chips or New Potatoes

Battered Fish Fillet

served with Tomato Sauce & Chips or New Potatoes

Peas / Baked Beans

Lemon Shortbread

or Chocolate Gram Flour Shortbread

Both served with Fresh Fruit Wedges

Jacket Potato with Cheese

Baked Beans or Tuna in a Lemon Dressing

Texan Style Beef Wrap with Sweetcorn Salsa

with Rice (Wholegrain / White Mix)

Broccoli / Chef's Salad

Citrus Sponge with Custard

Chinese Style Vegetable Stir Fry served with Noodles

Chicken Meatballs in a Smoky BBQ Style Sauce

served with Oven Baked Potato Wedges

Carrots / Sweetcom

Oat & Raisin Cookie

or Lemon Gram Flour Shortbread

Both served with Fresh Fruit Wedges

Macaroni Cheese

with a Rainbow Ribbon Salad

Oven Baked Falafel with Tomato & Coriander Chutney & Rice (Wholegrain / White Mix)

Green Beans / Roasted Butternut Squash

Chocolate Sponge with Chocolate Sauce Baked Vegetable Pakora with Onion Chutney served with Rice (Wholegrain / White Mix)

Chicken with Tomato & Basil Sauce served with Pasta (Wholewheat / White Mix)

or Rice (Wholegrain / White Mix)

Carrots / Oven Roasted Courgettes

Berry & Apple Flapjack

Spanish Style Omelette Egg, Milk served with Chips

or New Potatoes

Salmon Fishcakes with Cheddar & Chive Sauce Wheat, Milk, Fish

Battered Fish Fillet

served with Tomato Sauce & Chips or New Potatoes

Peas / Baked Beans

Jelly with Fresh Fruit Wedges

Vegetable Jollof Rice

Chicken Sausages in a Roll

or Carrot & Leek Sausages in a Roll

with Seasoned Potato Wedges

Baked Beans / Broccoli

Wholemeal Carrot Cake with Custard

Jacket Potato with

Cheese **Baked Beans** or Minced Beef Ragu

Sweet Potato Stir served with Rice (Wholegrain / White Mix)

Oven Roasted Courgettes / Vegetable Medley

Chocolate & Cinnamon Pinwheel

or Orange Gram Flour Shortbread Both served with Orange Wedges Margherita Pizza

or Garden Vegetable Pizza

with Tomato Pasta Side

Chickpea & Herb 'No Meatballs' with New Potatoes with Carrot, Lemon & Chive Salad

Sweetcom / Broccoli

Strawberry Mousse

with Fresh Fruit Wedges

Vegetable Bolognaise

served with Penne Pasta (Wholewheat / White Mix)

or Rice (Wholegrain / White Mix)

Sweet Chilli Chicken with Rice (Wholegrain / White Mix)

Green Beans / Carrots

Marbled Sponge with Custard

Butternut Squash, Sweet Pepper & Courgette Slice

served with Chins or New Potatoes

Battered Fish Fillet served with Tomato Sauce & Chips

or New Potatoes Peas / Baked Beans

Ice Cream

with Fresh Fruit Wedges

Available daily

Please ask the catering manager for food allergen information

WEEK ONE

WC 22nd Apr, 12th May, 9th Jun, 30th Jun, 21st July, 1st Sep, 22nd Sep, 13th Oct

WEEK TWO

WC 28th Apr, 19th May, 16th Jun, 7th Jul, 8th Sep, 29th Sep

Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

WEEK THREE

WC 5th May, 2nd June, 23rd Jun, 14th Jul, 15th Sep, 6th Oct



Please see page 2 regarding allergen information provided on the menu.

